



Shabbat Schedule

Parshat Beshalach - יג' שבט - Jan 30th - 31st

FRIDAY NIGHT

4:36 PM - Candle Lighting

4:55 PM - Mincha

SHABBAT MORNING

8:15 AM - Shiur from **Rabbi Shalom Myers**

"Economic Independence Through the Manna"

8:45 AM - Shacharit

Must say Shema before 9:12

Followed by Kiddush

SHABBAT AFTERNOON

4:05 PM - Shiur from **Rabbi Chaim Blumenau**

Melachot Shabbat Series

An Introduction to the Laws of Muktzeh

4:35 PM - Mincha

Followed by Seudah Shlishit

Torah Thoughts from **Uri Mendel Weinberger** in honor of the yartzeit of his daughter **Chana** which falls on Thursday, the 11th of Shevat

Title: "The Ten Sefirot and Personal Growth."

SHABBAT ENDS/MA'ARIV

5:50 PM

Shabbat Shalom!